



Facebook and Instagram offer **memorialized profiles** that preserves a person's account after their death.

When a profile is memorialized:

- **'Remembering'** is shown on the person's profile
- Posts will remain visible to their original audience
- They will not appear on **'People You May Know'** suggestions or birthday reminders
- Designated **legacy contacts** can send a request to have the account removed

Alternatively, you may also choose to have your account permanently deleted if you pass away.

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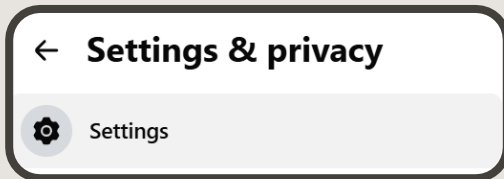
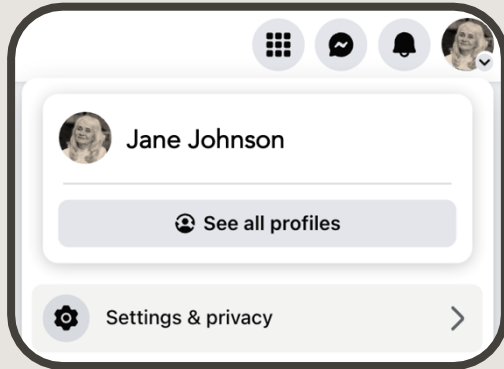
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Images: Age-Positive Image Library - Centre for Ageing Better

Facebook & Instagram

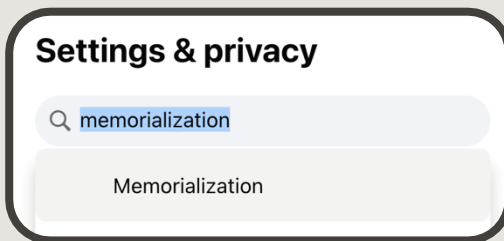
Digital Legacy Planning

Memorialization

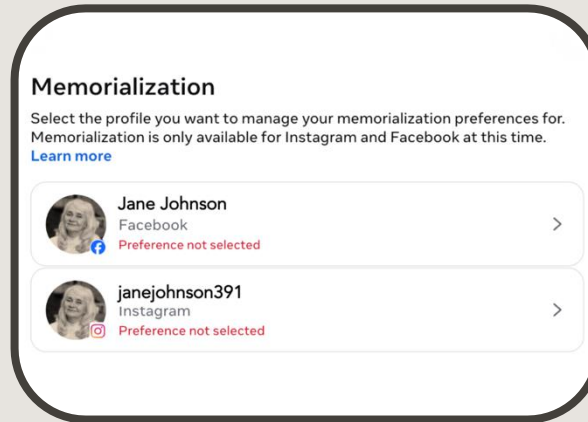
- 1 Click your **profile picture**, then go to **Settings and Privacy > Settings**.



- 2 In the **Search** bar in the Settings page, type *memorialization*.

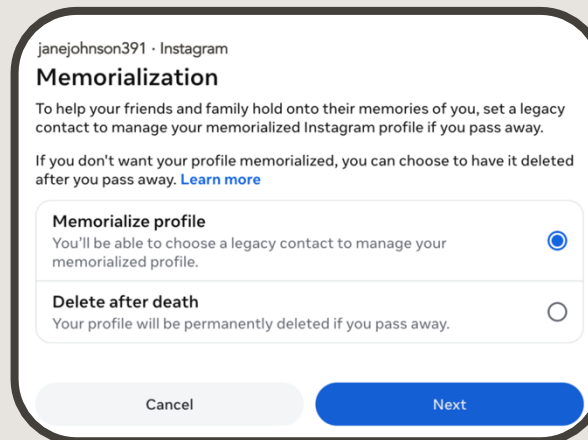


- 3 You'll see your account(s). **Select the profile** you want to set memorialization preferences for.



- 4 Choose how you want your account handled after your death.

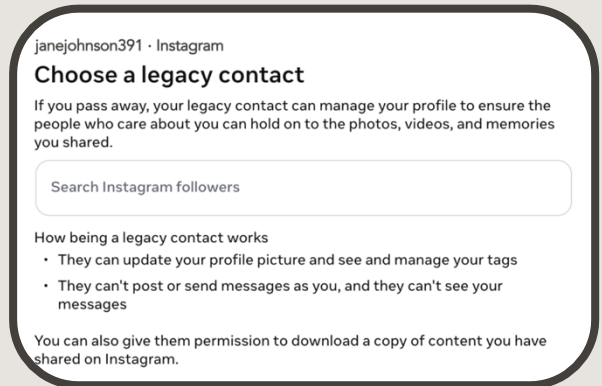
1. **Memorialize profile**
2. **Delete after death**



Legacy Contacts

- 5 Select a legacy contact from your **Facebook friends** or **Instagram followers**.

Legacy contacts can update your profile picture and cover photo, but they cannot message on your behalf or access your messages.



Memorialization setup is now complete!

Without a Legacy Contact

To memorialize or remove an account without a legacy contact, your loved ones will need to submit a formal request to Meta with proof of authority and documentation confirming the death.